



Cardinals in a crab apple tree. Photo © [Ilona L/Flickr](#) through a Creative Commons license

# DEEP SILENCE: *ENTERING* 2018

Friday, January 12th 5:00 pm to Sunday, January 14th noon

**Deep Silence** allows us to enter the waiting Presence that welcomes and replenishes our souls.

Embracing the Mystery of a new year we will ask who we long to be in 2018 through meditation, silence, journaling and if you choose to by creating a vision board.

**We will maintain silence for most of our retreat.** I'll offer daily Gateway to Silence talks.

Sunday we'll break silence and share our discoveries. You'll have from 10 AM to 4:15 PM to schedule bodywork and Spiritual Direction.

Services are scheduled by calling Kate (815) 464-3880.

**Appointments need to be made days in advance of retreat.**

Explore their offerings here - [www.portforprayer.org](http://www.portforprayer.org) under Proverello Holistic Center.

La Verna The Motherhouse  
9201 W St Francis Road  
Frankfort, IL 60423. Located in St Francis Woods a "sacred space of welcome for those seeking peace of mind, body and spirit.

Cost of \$227 covers housing, food and retreat supplies. The center does not allow me to charge for creation and guidance of the program. I can accept donation.

Nancy Hill, 630 258 6273

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