. Mini-Retreat to...

## Awaken Creative Flow

## 1 neosopnical 1926 North Main Street, Wheaton, IL 60187

Friday, August 5, 2016 00pm0:00am - 4

Investment: \$87 (includes vegetarian lunch)

Your Guides: Nancy Hill & Christine Reber

INFO: 630-258-6273

www.DareMore.com



## Feel like you have something to share but you can't seem to put it to paper? Feeling STUCK?!

Please join us in gentle movement, guided visualizations, music and writing exercises, we'll create an opening for you to embrace your fears and release the words that wait within your heart.



- Pause and Refresh
- Embody Your Words
- Feed Your Soul

No writing experience needed. What you need is a desire to fan the flames of creativity and the willingness to explore!