

Living in Your Sacred Center

**SUNDAY,
May 17th
Discover
Living in Your
Sacred Center
Moment
to
Moment**



Join a circle of women as the Medicine Wheel becomes our path to wholeness.

Seasons connect us to the cycles of our own lives. Spring is a time to sow seeds and plant dreams. Summer is for blooming and tending new growth. In Autumn, we honor the harvest of our work. Winter calls us to simplify and seek silence. Ancient teachings and nature's lessons return us to our deep desire to welcome all of who we are.

We'll explore: What seeds for new growth do we wish to plant? How can I nurture my growth?

FUTURE WORKSHOPS

SPRING RETREAT: Friday 6/12 to Sunday 6/14
Retreat House in beautiful Saugatuck, Michigan.
Must have experience working in circle process

Facilitators:

Stacey Hurst and Nancy Hill

Location:

Clarus Center, Warrenville IL

Date:

Sunday, May 17th from 9- 4

Fee:

\$150. Fee includes Lunch
\$75 deposit due May 1st

RSVP:

Stacey 312 543-2133

Release unexpressed energy

Remember your heart's desires

Renew your vitality